



# Nowra East Public School Newsletter

Strive for Better Things

At Nowra East Public School we aim to achieve happiness through respecting each other, taking responsibility for our actions, safe practices and a love for learning.

87 Jervis Street, NOWRA 2541 T: 4421 3539 F: 4423 2686

Website: [www.nowraeast-p.schools.nsw.edu.au](http://www.nowraeast-p.schools.nsw.edu.au) Email: [nowraeast-p.school@det.nsw.edu.au](mailto:nowraeast-p.school@det.nsw.edu.au)

Term 4, Week 4  
28 October 2013

## What's on at NEPS

### **PBS Focus: Dealing with Teasing**

- Stop and think
- Say, "Please stop".
- Walk away

### **Fantastic News**

Each week I am pleased to be able to write about some of the wonderful things being achieved by the children and the hard work by our dedicated teachers. This week is no exception however with some wonderful feedback being provided by members of the public about our students.

Firstly, the manager of the Currarong Beachside Tourist Park state that, "It was noted by staff of the good behaviour of the children and how well they followed the directions of the teachers." The staff member also said that, "They are the best behaved school group I have seen in a long while."

Secondly, Inspector Steve Johnson who volunteers to support the Get Hooked Program had this to say following children from SH and the DSU attending the program at Greenwell point last week.

"Children from your school were participating in the **Get Hooked Program** and I must say that out of the two schools that we had participate in the program today, that the children from NEPS got engaged in the program, were respectful towards both DPI staff and volunteers, showed a good knowledge about safe and sustainable fishing, were well mannered and a credit to your school."

Well done to everyone involved.

### **Cullunghutti Celebration**

Congratulations to the Koori dancers and the school choir who played major roles in the ceremony that celebrated the gazettal of Coolangatta Mountain on Friday. This was a great day that acknowledged the significance of Coolangatta (Cullunghutti) Mountain to the Aboriginal people of the local area. Many people commented on how well the children behaved but also how respectfully they performed.

### **Shoalhaven River Festival Opening**

Stunned silence followed by loud applause and cheers was what our choir received following their performance at the Shoalhaven Entertainment Centre on Friday night. The kids were fantastic! However, none of this would have been possible had it not been for the continued dedication and hard work by Mrs Krelle and Mrs Mulhall. Both teachers have given up hours of their own time to support the choir and ensure that the children are well prepared. I should also recognise the support provided by the P&C who fed and dressed the children and Kennedy's Bus Services for providing free transport to the event.

### **Kinder Orientation**

An orientation meeting for parents and children who will be starting Kindergarten next year will be held in the Kindergarten rooms on Tuesday at 9.00am. While information has already been sent out advising parents of this meeting, it is not too late to join in. Enrolments for 2014 are still being taken. Please contact the school if you have a child ready to start school next year.

### **Staff Car Park**

I must remind parents that the staff car park is not a drop off zone. There are clear signs posted at both parking entrances stating that staff and service vehicles only are permitted to enter. Please, in the interest of our children's safety, do not enter the school parking areas.

### **Tips for 'Getting kids to school on time ' by Michael Grose**

- **Establish a morning routine.** Make sure your children know what is expected of them in the morning, and also what you will do. Resist nagging but be willing to take them to school even if they haven't fully prepared for the day.
- **Identify and remove distractions such as television.** If the children are regular watchers before school change the routine and keep the TV off. It should only be turned on when children are completely ready for school.
- **Teach some the basics of time management.** The average adult underestimates by about 25 per cent the time it takes to do various jobs. Make sure you have realistic time estimates and stop packing so much into the time you allocate. Encourage older children to estimate how long it takes to do activities such as getting ready in the morning. Then they can measure the time taken to do these tasks and compare their estimates with real time.
- **Arrive at school ten minutes early.** Plan to arrive at school early rather than be there on time. This idea works well for perpetual latecomers, whether young or old.
- **Model a good routine.** Its pointless expecting children to be organised in the morning if you are in a muddle yourself. Set a good example by being as methodical as possible and avoid sleeping in unless your children are so organised that they get you breakfast in bed. And pigs might fly as well! OK

Michael Grose is a leading parent educator, a trained teacher and author. For further ideas about getting your family flying using the same formation visit [www.parentingideas.com.au](http://www.parentingideas.com.au)

Peter Collins  
Principal

## SCHOOL NEWS

### WEEK 4

**Tuesday 29 October**

9.30am Kindergarten Orientation Day

Active After School

**Wednesday 30 October**

Scripture

Whole school assembly

**Thursday 31 October**

5.00pm - 7.00pm - P&C Halloween Disco

**Friday 1 November**

### WEEKLY ASSEMBLY AWARDS

**1B** - Hunter, Jewel

**1F** - Patrick, Taylah

**1/2C** - Stavro, Bensen

**2M** - Chloe, Kyle

**3/4S** - Hunter, Emily

**4/5I** - Jasmine, Kayla

**5/6W** - Dylan, Destiny

**ST** - Michael, Alisha

**SH** - Jasmine, Gianna

**15 NEPPIE**

**1F** - Caleb, Zac

**1/2C** - Nathan, Da Vonte, Ryan, Kiplan, Kathleen, Angelica, Taylor

**3/4S** - Alex

**3/4M** - Kasey, Tyrone

**30 NEPPIE**

**KH** - Jade, Jacint, Paris, Bryce, Jacob

**KN** - Kaliyah, Rebecca, Amy-Lee, Chevon, Kodie

**1/2C** - Kyeden, Hayden, James, Kiara, Sienna, William

**2M** - Christopher, Alex, Edyson, Kaitlyn, Harley, Nicholas, Joshua, Aidyn, Eltia, Griffyn

**3/4M** - Breeanna, Tahlia

**3/4S** - Josie, Emily, Sean, Matthew, Rhiannon, Hayley, Tiana, Ella, George, Victoria, Chantae, Deecoda, Emily, Talia, Summer

**45 NEPPIES**

**KN** - Emily, Cooper, Nate, Corey, Preston, Ryan, Robert, Amilia

**4/5I** - Gearhn, Cody

**60 NEPPIES**

**2/3H** - Johnathon

### COMMUNITY GARDEN WORKSHOP THURSDAY 31 NOVEMBER

Our 3rd Garden workshop will be on this Thursday starting at 9.30am. Community members are most welcome to come along to learn and work with our students in the garden.

Any questions please contact Mr Stovin-Bradford.

### P&C HALLOWEEN DISCO

P&C have organised a Halloween Disco on Thursday 31 October from 5.00pm to 7.00pm. All students will be given a trick or treat bag full of goodies to take home with them. They will be supplied dinner as well. Hey Kids, don't forget to dress up in your spookiest costumes!



### KINDERGARTEN ORIENTATION DAY

**When:**

(parent and students)

Tuesday 29 October 2013

**Time:** 9.30am—11.30am

(students only)

Tuesday 5 November 2013

**Where:** Kindergarten classroom

**Time:** 9.30am-11.30am

NOWRA EAST PUBLIC SCHOOL  
87 JERVIS STREET  
EAST NOWRA 2541  
PH: 4421 3539

### HOOKED ON FISHING WITH SH AND DSU AT MOONA MOONA CREEK

Last Thursday SH and the DSU enjoyed the Hooked on Fishing Day at Moona Moona Creek near Huskisson. Students were shown by the Fishcare volunteers how to tie a knot on the hook, how to cast and some facts about fishing rules. Students had a chance to fish on the beach.

