Nowra East Public School

Strive For Better Things!

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Newsletter Week 6 Term 3 2017

PRINCIPAL'S REPORT

Dear Parents and Carers

The last couple of weeks has seen an increase in sickness for both students and staff. Please take care in the coming weeks and stay at home if you experience temperatures, serious coughing, aches and pains and nausea. There are a few bugs that are going around the area at the moment and if you have any concerns please visit your local doctor. Please take care and look after yourselves during these times.



This Thursday 24th August we celebrate a combined Education and Book Week extravaganza! The day will start with Pre School to Kindergarten Expo in the hall from 9.15am, then our Book Week Parade. A free BBQ lunch then please visit your child's classroom to see them participate in STEM (Science, Technology, Engineering and Maths) activities. After recess we will have a whole school assembly hosted by Stage 3 students. ALL WELCOME!



Also this Thursday, The Illawarra Shoalhaven Social Investment Trust (ISSIT) team will be wanting to hear your voice as part of the *Our Place* initiative. They will be holding some training and planning workshop for interested community members who would like to work with ISSIT to hold conversations in East Nowra. You will gain useful skills, get to know more people in your local area and ISSIT will share all of the information they gather with you.



Our school P&C does an amazing job supporting our school. From helping out in Canteen, uniform shop, fundraising and volunteering in our school. We are asking for your help to volunteer at the next **Bunnings BBQ**. Please write your name down at the front office if you are able to donate some time (even one hour) on **Sunday 8th October 2017**. Everyone is welcome and your time is much appreciated. Please help.

Student Representative Council (SRC) News

Last Friday afternoon the Nowra East PS SRC met with Vanessa, Brandon and Paul to design questions to survey students about their school and community. It is very important that all students at Nowra East PS have a strong student voice to provide ideas and directions for their school and community. This week I will also be speaking to our SRC to promote NEPS "Peacekeepers" program at lunch and recess times. We have many great student leaders at our school!





Keep up the great work SRC.

Athletics

Last Friday 11th August, 29 students represented NEPS at the Shoalhaven District Athletics Carnival. These students were excellent role models for our and demonstrated excellent sportsmanship. Congratulations to the following students who excelled in their events and will be progressing to the regional carnival to be held in Canberra on Friday 1st September.

- Blake Omerod 13 Years Boys 100m 2nd place
- Jymeal McLeod: Junior Boys Shot Put 2nd Place
- Tiana Walda: Junior Girls Shot Put 1st Place
- Chase Mumberson: 10 Years Boys 100m 1st Place

Excursions

Stage 3 students will be visiting Sydney this Friday we wish them a great day and look forward to their photos and stories in next newsletter edition.

PATCH Training

Are you interested in becoming a Parents as Teachers and Community Helper (PaTCH) volunteer at Nowra East PS? Do you want to become involved in helping out in the classroom and want to learn about what teachers teach in the early years of school, then we would love you to be part of our PaTCH training program at school. Parents and carers successfully completed the training last year and we would like to run the training in 2017. If you are interested in the training sessions and also helping out in the classroom could you please leave your name and contact number at the office. If you have any questions about the training please give me a call on 42213539- Mrs Vishanti Govender - Trainer

Classroom News ????? check



https://go4fun.com.au/

FREE Healthy lifestyle program for kids at PCYC

Go4Fun is a FREE 10 week healthy lifestyle program for NSW kids aged 7-13 who are above a healthy weight. The program focuses on improving:

- Eating habits
- Fitness
- Confidence

Go4Fun programs are led by trained qualified health professionals and take place after school, running parallel with school terms. Children and their families have fun and become fitter, healthier and happier.



Coming Events:

- Swimming Scheme Week 6 & 7 Term 4 11.45am-2.30pm
- Bundanon Trust- Sculpture Workshop theme "Planet Nowra" 5 Stage 3 students series of 10 workshops. Students will be required to put in an expression of interest on why they should be selected.
- Book Week/Transition Expo/Open Day/Assembly Thursday 24th August Week 6 Term 3 Transition Expo
 Day- from Pre School to Kindergarten Stalls (Stalls in Hall) Café Conversation

Assembly Dates Term 3

Wk 6 Book Week	24 Aug	Stage 3
Wk 8	7 Sept	Stage 2

Thank you for your continued support.

Kind regards Relieving Principal Kristie Goldthorp OAM



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Just a reminder regarding toddlers on play equipment - please ensure they are supervised by an adult at all times.

ASSEMBLY AWARD YEARS 3 - 6		
Bandicoot	Tiana, Alisha	
Bilby	Jacob, Nate	
Koala		
Kookaburra	Blake	
Magpie	Harmony, Leah	
Platypus	Christina, Daniel	

NEPPIE AWARDS - BRONZE		
Koala		
Kookaburra		
NEPPIE AWARDS - SILVER		
Kookaburra		
Koala		
NEPPIE AWARDS	GOLD	
Koala		
NEPPIE AWARDS	RUBY	
Koala		

Community News

P & C News

Book Club

Issue 6 of Book Club went home last week, orders are due back on the 8/9/2017, Sorry NO late orders will be accepted. Orders can be left at the canteen or office. Orders can also be made by Loop on the Scholastic website by credit card and the books are delivered with the school order.

School Banking

School Banking is every Thursday in the Cola near the Canteen from 8.45 to 9am.

Applications for school banking are done on the school banking website www.commonwealthbank/schoolbanking scroll down to find the join now link.

FATHERS DAY STALL

Our Fathers Day Stall starts today 21/08/2017 in the cola near the canteen each morning from 8.40 until 9am. All gifts are from .50 cents to \$5.00

BUNNINGS BBQ FUNDRAISER

The P&C have a Bunnings Bbq Fundraiser on Sunday 8th October2017. 9am to 4pm. Do you have an hour or two to spare to help out? If so please come and put your name down at the Office.

UNIFORM SHOP

The Uniform Shop is open Monday and Thursday mornings from 8.40 to 9.15am. We offer 3 month Layby for a small 10% deposit. EFT is also available for \$1.00 per transaction. Uniform Prices-

School Logo Shirt \$25.00

Bomber Jacket \$35.00

Long Cargo Pants \$20.00

Skort \$18.00

Shorts \$18.00

Hats \$12.00

We also have limited stock and sizes in girls tailored pants.



BOOK FAIR AND PARADE



The **Book Fair** is on again this week in the library. It **will close after lunch on Thursday**. Thank you to everyone for your **AMAZING** support. We have sold many books, posters, pens and other items and the students have enjoyed participating and buying their own items.

The **Book Parade is on THIS THURSDAY AT 10:30AM.** Students can come to school dressed as a book character. Parents, families and friends are welcome to come and watch the parade and enjoy the celebration of Book Week and see the students in their fantastic costumes!